

FEBRUARY

LOVE & CONNECTION

February is the month of love and connection, a time to cherish the relationships that bring joy and warmth to our lives. It's a time to cherish the bonds that tie us together, whether they are romantic, platonic, or familial - and of course that includes our dogs! In this month's Almanac, we invite you to seek out connection in the world around you.

- ♥ Look out for the colours red and pink on your walk.
- ♥ Make something heart shaped from items found on walks.
- ♥ Leave a kind message on your walk for someone to find. It could be painted on a rock, written on paper or illustrated by your own hand.
- ♥ Find a heart-shaped rock, leaf, or pattern in nature. Mother Earth offers her own expressions of love.
- ♥ February is also Chinese New Year. Look out for anything Chinese-themed on your walks.

SCAVENGE CHECKLIST

SEE

- ☒ Snowdrops
- ☒ Crocuses (yellow/purple)
- ☒ Daffodil shoots
- ☒ Elder buds
- ☐ Queen bees
- ☒ Cherry blossom buds
- ☒ Green grass
- ☐ Goldfinch
- ☒ Primroses
- ☐ Sweet Viburnum
- ☐ Common elder

- ☐ Common alder
- ☒ Heron
- ☒ Blue tits
- ☐ Barn owl
- ☒ Rooks (crows) cawing/nesting
- ☐ Long-tail tit nesting
- ☒ Rock pools
- ☐ Crabs
- ☐ Anemones
- ☐ Sea snails
- ☐ Starfish

Check off 15 items in total, from any categories.



SMELL

- ✓ Rosemary
- ✓ Sage
- ✓ Thyme

TOUCH

- Catkins (willow/hazel) ✓
- Fern ✓

HEAR

- ✓ Gulls

TASTE

- Sweet potatoes ✓
- Rhubarb ✓

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ANNUAL PROJECT UPDATE

Write a short update about your annual project here.

E.g. What did you do? How did it go? How did it make you feel?

SEASONS THROUGH MY LENS: Taken a photo from the bench where Sirius learnt that stopping on walks really wasn't that scary! So good memories and lovely spot to remember how lucky I am to live where I do. The edge of the woods, fields and down to the sea. Will be great to document how everything changes. Also taken a photo centred on a large tree that stands alone at the edge of the wood car park.

WEEPNESS WALKS: I had got out of the habit of doing this so used this challenge to start again. Once a week going out without Remus. This month I've been exploring more of the local woods.

Re-visiting paths I haven't walked for a long time, as Remus can't get that far. Enjoyed the peace, time to listen to sounds of the woodland and forget about everything else.

